



Black Diamond Road
Cannifton, Ontario
2022

Palliative Care Philosophy



Quality of Life

- Palliative Care Philosophy is embedded in the **Residents' Bill of Rights**. Every resident has the right to be provided with care and services based on a palliative care Philosophy.
- This approach begins at the time a resident moves into our Home or before.
- We will ensure residents' plan of care covers all aspects of care, including medical, nursing, personal support, mental health, nutritional, dietary, recreational, social, palliative, restorative, religious and spiritual care.
- This approach includes a holistic and comprehensive assessment of a resident's needs. This includes quality of life improvements; symptom management; psychosocial supports; and end-of-life care.

What can residents expect to see?

- As always it is important that residents are included in ongoing conversations about care planning
- It is important to make your wishes and goals known to our Team and your loved ones
- Conversations will confirm a person's substitute decision-maker.
- Will focus on values and what is important to the person
- These discussions in the context of a current illness leads to treatment and care decisions
- We aim to align available treatment options with a person's goals
- Substitute Decision-makers only act when the person lacks capacity for that decision.

E.J. McQuigge Lodge provides extensive palliative training to all levels of staff. We know that this is a difficult time for families and we want to support you. If you have any concerns you would like to discuss, we ask that you share these with any member of the care team or with the Charge Nurse.

OTHER RESOURCES

- **Palliative Care Caring for Residents at the end stage of life**
- **Advanced Directives - Let My Wishes be Known**
- **Coping with Change and Loss**
- **Grief and Loss**

Palliative Care Philosophy:

- Acknowledges and responds to all aspects of humanity, not just medical considerations
- Based on conversations and goals of care
- Understanding the uniqueness of each individual
- Aims to maximize quality of life, mitigate suffering and anticipates other concerns.